



## **BEFORE TANNING**

- Though you will need to shower prior to your tan to remove deodorant, lotions or perfumes, we recommend exfoliating the day before your tan. For best results use our Bamboo Body Polish available for purchase.
- Waxing, pedicures, and facials should be done at least one day prior to your tanning session.
- DO NOT apply makeup, perfumes, lotions or deodorant prior to tan – they prevent the absorption of the bronzing solution resulting in streaking and minimal color.
- Bring dark, loose-fitting clothing and flip flops to wear afterward. Remove all jewelry.
- Wear whatever makes you comfortable. If you choose to wear underwear or a swimsuit during the session, make sure they are black or dark in color. Most customers prefer no tan lines, so nude is acceptable.

## **AFTER TANNING**

- The tan will take 8-10 hours to develop. We recommend that you leave it on overnight and shower using only a body wash that DOES NOT contain lanolin.
- Showering: After your spray tan, you will see a bronze colored runoff in your shower. THIS IS NOT YOUR TAN AND IS NORMAL! A natural bronzer is added to the spray to so we know where we are spraying and you have even coverage.
- DO NOT sit directly on leather or light fabric seats and furniture prior to first shower- place a dark colored towel down.

## **PROLONG TANNING**

- For maximum tan results moisturize twice a day (or after every shower) with alcohol-free lotion. We recommend Aveeno. Hydrating your skin will prolong the life of your tan and reduce the rate at which your skin exfoliates.
- When showering, use your hand instead of a washcloth and pat your skin dry after showering rather than rubbing dry.
- Try to avoid long hot showers and baths, hot tubs and swimming pools. The hot water will dry your skin faster and the chemicals in jacuzzis and swimming pools will fade your tan more quickly.